



OUR MISSION

Leading the Charge to Solve Hunger in America

Right now, someone you know could be staring at an empty plate.

In America today, 48 million people — including 15 million children and 5.4 million seniors — struggle with hunger. In the United States, the number of people at risk of hunger is holding steady at the highest rates ever recorded. The need is great; it touches every community in our nation. But where there is hunger there is also hope, because throughout the U.S. the Feeding America network of food banks is there to help.



of households in the U.S. with children are struggling with hunger.

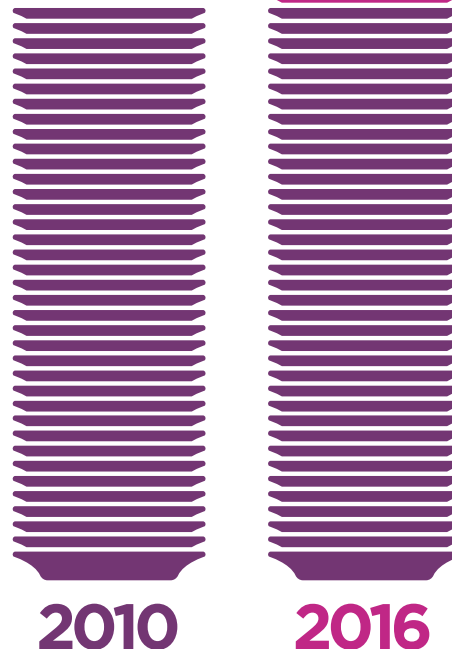
OUR MISSION

To feed America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger.

Advancing hope for a hunger-free America.

As the nation's largest domestic hunger-relief organization, Feeding America leads the charge to solve hunger in America. In 2010, Feeding America set a goal to provide 1 billion more meals annually by 2018 to people facing hunger. Thanks to the generosity of our donors, we have achieved this goal three years early, as you can see on the graph to the right.

Currently, the Feeding America network of food banks provides 3.7 billion meals to people facing hunger versus 2.6 billion meals in 2010.



Well balanced meals are the foundation of good health.

The Feeding America network of food banks is helping people in need access healthy foods by sourcing and distributing more *Foods to Encourage* — foods that promote good health, such as fruits, vegetables, whole grains, low-fat dairy and lean proteins. Today, 68 percent of food received by the network is classified as *Foods to Encourage*.



Meet Victoria and her family

Victoria and Steven had everything they needed before they moved to take care of Victoria's ailing mother and aunt. They left their three bedroom house, Steven's job and moved their 3-year old son seven hours away because Victoria's mother needed them.

"The food pantry has been a lifesaver. By giving us nutritious staples to get through the month, it's turned a situation that could have been one of hopelessness and despair into a hopeful one — where we can feed our family and hold our heads up high through a difficult, but temporary, time."

I know there is hope for the future," says Victoria.





CHILD HUNGER

Serving the Most Vulnerable Among Us

Hunger is hurting our children.

It may be hard to believe there are children facing hunger in your neighborhood — but there are. In fact, 1 in 5 children in the U.S. do not have enough to eat. Living in a household at risk of hunger means that a child can wake up hungry and go to bed at night with the pain of an empty stomach. Their bodies and minds suffer from the lack of nutritious foods they need to grow and thrive.

Children need calcium from milk, essential vitamins from fruits and vegetables, and fiber from whole grain foods. Without these healthy foods, they may face challenges, both physically and mentally.

What happens to a child facing hunger?

The consequences can be devastating. Studies show that proper nutrition, particularly in the first three years of life, is critical to a child's development. Unfortunately, food insecurity is an obstacle that threatens that critical foundation.

Children from families struggling with hunger may be more likely to:



Repeat a grade in elementary school



Experience developmental impairments in areas like language and motor skills



Have more social and behavioral problems

Working year-round to keep our children healthy.

Because of your support of Feeding America, we're able to help so many kids access the nutritious food they need to be healthy and grow strong. Eating well-balanced meals and nutritious foods has a positive effect on a child's physical and mental health.

Incredibly, the Feeding America network is serving more than 12 million children across this nation. More than 3 million of the children we serve are age 5 or younger. It is heartbreaking. But there is hope. In addition to our nationwide network of food pantries, SNAP Application Assistance programs and holistic summer programming, Feeding America operates three national program models to serve more children: Backpack, School Pantry and Kids Cafe.

We reach children at times when they are most vulnerable.

Reaching kids on weekends:

BackPack Program



Reaching kids after school:

Kids Cafe



Reaching kids during summers:

Summer Food Service Programs



Reaching kids at home:

School Pantry Program



Summer SNAP Application Assistance Program



The **FEEDING AMERICA** network of food banks provides food to more children than any other charitable organization.



Meet Melissa and her family

Melissa works part time serving lunch at her children's school while her husband Jim works full time building fences. Although they both work hard, things have always been tight for their family.

They reached a dead end and turned to their local food pantry stocked with groceries by a local food bank, a member of the Feeding America network. *"The things we get are just incredible: fresh, colorful produce, plenty of bread for sandwiches, cereals, milk — tons of staples."*

Thanks to your support, Melissa also has access to a mobile food pantry.

"Between the mobile pantry, which continues throughout the summer, and a school-sponsored free lunch program, we're getting by even without the daily free lunch we count on during the school year," says Melissa.





FAMILY HUNGER

Reaching Families Forced to Make Tough Choices

Having enough food is a daily struggle for families.

Across the United States, families are struggling to put food on the table. Older Americans are forced to choose between buying food and buying medicine. And parents have to choose whether their children will go to bed without heat, or without food.

Many of these people who struggle with hunger may live right next to you. They are now facing decisions they never imagined having to make. Buy meat and vegetables or pay the electric bill? Refill prescription medication or make sure their children have nutritious foods to thrive?

Far too many families are just one paycheck or medical bill away from crisis. And when you're barely getting by, it doesn't take much to push finances beyond capacity - a sudden illness or injury, an unexpected bill, or a cutback in work hours could turn your life upside down. It's a devastating reality for countless hardworking Americans, but thanks to you — there is help and hope.

Of all families served by the Feeding America network of food banks:

69%

have had to choose between paying for
UTILITIES
and food



67%

have had to choose between paying for
TRANSPORTATION
and food



66%

have had to choose between paying for
MEDICAL CARE
and food



57%

have had to choose between paying for
HOUSING
and food



*Source: Hunger in America 2014 study

Nourishing hope for a better future.

How are families coping with hunger? They are turning to you and Feeding America. Each year, our network helps provide food to more than 46 million people facing hunger in the United States, including 12 million children and 7 million seniors. Through 200 member food banks and 60,000 food pantries and meal programs, the Feeding America network serves all 50 states, the District of Columbia and Puerto Rico.

Together, we are not only providing families with the nutritious foods they need to survive, but we are helping them get back on their feet and build a better future.



We help families access foods in each of the four food groups — fruits and vegetables, grains, protein and dairy — to promote health and wellness.



We bring food to families wherever they are through mobile pantries, used by 90% of network food banks.



We connect families with meals through Federal Nutrition Programs. An estimated 5.5 billion meals from federal programs go unutilized each year.

48 million
people face hunger
in America



Meet Gaby and her family

Gaby and her husband have three young children. Unfortunately, Gaby's husband lost his job. They rely on a mobile pantry and the Backpack program, sponsored by their local food bank, to feed their family during this time of need.

"We constantly have to make tough choices like choosing between buying diapers and paying the light bill. If it wasn't for the food bank, we would definitely have to choose between paying for utilities and buying food," says Gaby.

Each Friday, her son John comes home from school with a bag full of healthy foods that enables her to make quick, easy meals for all her children. Gaby adds: *"Without help from the food bank, I really don't know how we'd feed our children."*

**FEEDING
AMERICA**



YOUR COMMUNITY

Impacting Communities across America

No matter where you live, hunger lives there, too.

Hunger affects everyone. From the nice family down the street with a newborn to your elderly neighbor on a fixed income to your child's classmate who has trouble paying attention, hunger could be affecting many different people in your community. As a result, people are pouring into food pantries, soup kitchens, and other agencies served by our network of member food banks.

Making a lasting impact on the lives of your neighbors.

Thanks to your support, network food banks are on the ground, every day in nearly every community in the country feeding people in need. The unique and dynamic partnership between the national office and each local food bank is the power of Feeding America.

1 in 7

Americans struggles to get enough to eat.



How do our networks distribute so much food?



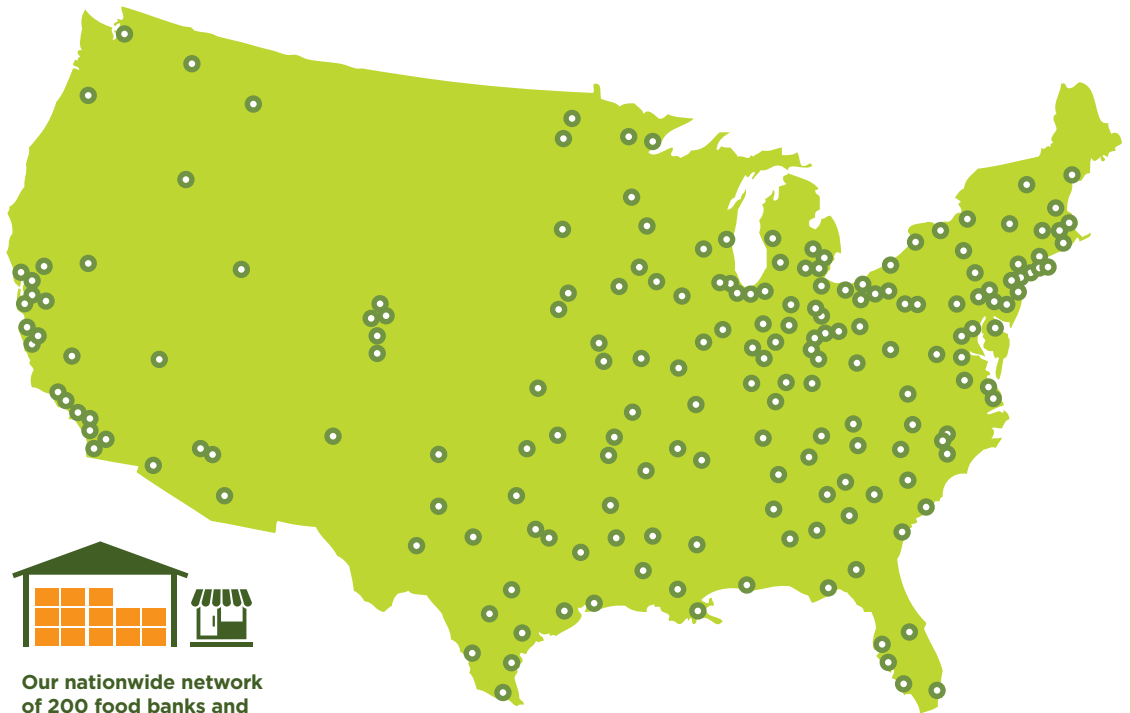
The Feeding America network of food banks operate a fleet of more than 2,300 trucks, vans and other vehicles, moving food quickly, safely and efficiently from food sources — to people facing hunger.



Mobile pantries allow us to provide food to underserved areas with few food pantries — and transport perishable foods like fresh produce and lean meats.



Our nationwide network of 200 food banks and 60,000 food pantries and meal programs provides food and services to people each year.



Our network of 200 food banks is dedicated to serving children, families and individuals all across America.



RESCUING FOOD

Capturing Nutritious Food Before It Goes to Waste

Forty percent of good, safe food never makes it to people's plates.

Every year, right here in America, 70 billion pounds of safe, healthy food goes to waste instead of onto the dinner tables of families facing hunger. Why? Fresh fruit may be slightly bruised and can't be sold at your local supermarket. Potatoes go unharvested and must be thrown away. Or a box of cereal is slightly beyond its sell by date — even though we know it will last for months.

What if you could rescue that food — food that would otherwise be wasted — and give it to a family struggling with hunger? Together, we can.



By capturing more food, there is the potential for a revolution in hunger relief.

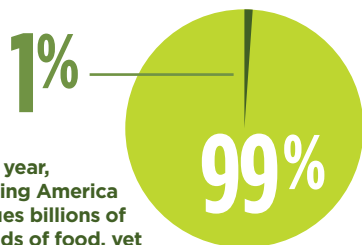


Rescuing food to feed hungry families.

Feeding America is working to capture more meals before they are lost. And, what's more, we are ensuring those meals are healthy and

promote wellness among the people we serve. Last year alone, the Feeding America network and our partners diverted over 2 billion pounds of safe, edible food that might otherwise have gone to waste, to Americans facing hunger.

Our country produces enough food to feed every man, woman and child in America. Together, we can feed more people by expanding and diversifying food sources to capture the excess food that is lost each year.



Each year, Feeding America rescues billions of pounds of food, yet it's only 1% of all wasted food. That leaves 99% of wasted food available to be captured.

How can we capture excess food?

- **Deliver more healthy, nutritious produce.** We want to ensure that more food banks have access to healthy produce, strengthen the network so it can handle and distribute more produce, and deepen partnerships with produce associations.
- **Build new manufacturing relationships.** Manufacturing is a critical source of much needed staples such as peanut butter,

pasta, cereal and canned fruits. It is also the least expensive to source and distribute. We will invest in strengthening existing relationships and building new ones.

- **Increase opportunities to rescue more food.** With the help of donors, Feeding America partners with restaurants, hotels and convenience stores to rescue prepared meals. This not only provides more food to people in need, it also reduces food loss.

Innovation that helps feed America.

When excess bruised or blemished peaches from an orchard in New Jersey could not be consumed fast enough, a Feeding America food bank worked with Campbell Soup Company to blend the peaches with tomatoes and salsa, which was jarred for families that are served through local food banks.

